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Methodical Foundations Of Carrying Out Competitions Of Professional Skill Among People With Disabilities.

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ABSTRACT

The basis of the contents of the competitions of professional skill International Abilympic Federation is the work with the professional competences of participants on a competitive basis. National competitions, despite some differences in content, are very similar in their methodological foundations, competitive tasks and technologies for their conduct. At present, the competition task has become an important part of the International Abilympic Federation professional skills competitions, on the basis of which the rules for conducting competitions for a certain competition of professional skills are regulated. At the present time, instruments and equipment are clearly defined in all countries, which can be used by the participant of the competition, the time of the competition, the course of the competition for professional competence, the materials and equipment of the competition site for professional competence, the task, the time allotted for the task of the competition, tasks and received product. Methodical support of international competitions of professional skill among people with disabilities by types of professional work is presented in detail on the official website of Abilympics International <http://www.abilympics.com>. It is the basis for the sites of the Abilympix movement of international and national level.

Keywords: invalids, health, competitions, professional skills, health improvement.

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INTRODUCTION

The development of the pathological process in the body is always accompanied by a mass of functional limitations [1,2] and the weakening of various viability indicators [3,4]. This was confirmed in clinical [5,6] and in various experimental [7,8] studies. They showed the possibility, in most cases, of partial weakening of various dysfunctions [9-11]. This is especially true in people with a marked pathological process [12-14], capable of causing disability. A great scientific and practical interest is the search for various approaches to the rehabilitation of disabled people, their socialization and the maximum possible return of their ability to work [15, 16]. One of such approaches is competitions of professional skill for the disabled [17]. Preparation for participation in them, direct participation in them and public recognition of their functional abilities in a professional manner have a powerful stimulating effect on the disabled person's body [18].

The content of the competitions of professional skill International Abilympic Federation is the work with the professional competencies of participants on a competitive basis to achieve a specific goal. At the same time, national competitions, despite some differences in content, have a great similarity in methodological materials, competitive tasks and technology of conducting. In the United States and other countries with similar social policies and a developed system of material support funds for disabled people, the creative component of the content is the creative expression of the participant, and the competitive element, the opportunity for employment becomes a secondary factor. Therefore, competitive tasks are created accessible for different categories of disabled people, communication among participants is strongly encouraged [19]. This approach gives rise to highly differentiated competitive tasks, both in terms of professional segments, and in terms of the level of complexity calculated for different severity levels of disability. Another element of the content of such competitions is the obligatory participation of the employer, offering the winners and prize-winners labor contract and labor adaptation in society [20].

The analysis of the experience of holding Russian, regional and national competitions of professional skills of the International Abilimpex Federation, as well as the participation of the Russian delegation in the international competition in Bordeaux (France), testifies to the adaptation in Russia of the experience of professional skills competitions in the USA. Affects the impossibility of filling the contest with practical content and real employment of disabled people due to lack of interest in such employment of Russian companies, as well as due to the lack of a modern inclusive program in Russia.

Purpose: to consider the methodological basis for holding competitions of professional skills among disabled people.

Analysis of test tasks of the Abilimpix International Federation of Professional Skills Competitions

At present, the contest task has become an important part of the International Abilympic Federation's professional skills competitions, on the basis of which the rules for conducting competitions for a certain professional skill competition (according to a certain professional competence), tools and equipment that a contestant can use, the time of the competition, the description competitions on professional competence, description of tools, materials and equipment that depend on professional competences (if necessary), the job, the time allotted to complete the task events, the order of evaluation of the assignment and the product obtained. The official language of the competition task is English [21].

A month before the competitions for the Abilimpix Championship - International Abilympic Federation competitions, the competitive tasks are posted electronically on the official site of the Abilimpix Championship. Competitive tasks can be posted before this time [22].

At the 9th International Abilimpix Championships in France in 2016, the competition entries were posted in PDF format - portable document format, which is convenient when recognizing this document and printing it.

Preparation of the document of the competitive task in the above format has the following advantages [23]:

Compatibility. On each new computer, as a rule, there is already a preinstalled program for viewing pdf files. It should be noted that any viewer displays a pdf file with exactly the fonts with which it was created.



Even if these fonts are not installed on the personal computer. Thus, a user can view and print a pdf document on any personal computer in the form in which the document was created.

Versatility. Today, a large number of free programs have been developed that allow you to open a pdf document on a personal computer with the operating system Windows, MacOS, Linux, and also on various mobile platforms.

Compactness. As a rule, pdf files are small in size, and therefore they are very convenient for sending them by mail as attachments or as an option for storing documents on the hard disk.

Security. The developers of the format provided enough means to protect the document. So, a file in pdf format can be password protected, and no one, except the owner of the password, can even open the document. You can, for example, allow viewing a document, but prevent it from editing, copying content (content), or even printing.

The competition task for the competition in terms of professional competence consists of several pages on the official form of the championship of Abilimpix. The first page indicates the name of the professional competence.

Then, under item 1, the tasks are described. Which the competitor must perform. In the event that professional terminology and special designations are used, the international designation standards are applied by default.

In point 2 of the competition task, the time given by the participant for the performance of tasks is indicated.

In point 3 of the competitive task, the requirements for the task are determined, what tools, equipment and materials to use. In particular, the requirements for safety are defined.

In paragraph 4, the procedure for fulfilling tasks on the days of the competition is defined. In the event that participants in a competition for a particular professional competence have a significant amount, the competitors are divided into groups and determine the time when they begin to perform the tasks of the competition.

In items 5, 6, 7, equipment, tools, workwear requirements, materials, work furniture, working space (depending on the requirements of one or another professional competence) are identified.

In clause 8 of the competitive task, evaluation criteria with criteria for ranking tasks and evaluating the finished product are described.

The competitor can get acquainted with the contest tasks in advance. Experts (judges) before the competition on professional competence distribute the competition tasks and give the necessary explanations.

The contest task is the main organizational and methodical document for the Abilimpix Championship. The contest assignments used at the 9th Abilimpex International Championship in France conducted under the auspices of the International Federation Abilimpix, as demonstrated by the experience of the Abilimpix Russian team, are quite accessible to Russian students with limited abilities and disabilities of final courses of educational institutions of secondary and higher professional education. The main problems faced by participants of the Russian team in carrying out the competitive tasks of the Abilimpex International Championship were related to a lack of experience in participating in such competitions. Here you can also highlight the emotional component: the excitement of participants, as well as the inability to distribute forces and time for the performance of competitive tasks. It should be noted that in some areas of the championship competitions Abilimpix, for example, in jewelry, denture, photography, it was necessary to use a personal instrument.

The main task of unification of competitive tasks is the formation of unified requirements to the level of qualifications of participants with a view to their subsequent employment. In the Russian Federation,

competency councils are being created to develop competitive tasks, they include representatives of educational organizations, employers, professional qualification councils, and representatives of educational and methodological associations. Attraction of a wide range of specialists makes it possible to comprehensively approach the KB of the formation of competitive tasks taking into account the labor functions performed and the required skill level. Competition tasks have three levels, and are designed to hold competitions among schoolchildren, trained professional educational organizations and already working disabled.

Methodical support of international competitions of professional skill among people with disabilities

Methodical support of international competitions of professional skills among people with disabilities by types of professional work is presented on the official website of Abilympics International <http://www.abilympics.com>. This site presents a historical description of the development of the movement, its mission, goals and objectives, the overall concept of development. In addition, the website hosts the Constitution of Abilympics International in pdf format. Also on the site, the list of Abilimpix professions recommended for participation in national and international competitions under the auspices of Abilympics International is compulsorily presented [25].

For feedback from future participants of all kinds of competitions, the Site is published on the site with the Participant Application Form, followed by a convenient mail server.

This site has a news feed of events of international, national and regional level concerning the movement of Abilimpix. At the same time, the methodological support provided on the site of the international site is standard for the sites of the Abilimpix movement both internationally and nationally [26].

CONCLUSION

Competitions of professional skill International Abilympic Federation consists in an estimation of professional competences of participants on a strict competitive basis. National competitions held in different countries have very slight differences in content and very similarities in methodological materials, competitive tasks and technology of conducting. At present, the contest task has become an important part of the International Abilympic Federation's professional skills competitions, on the basis of which the rules for conducting competitions for a certain professional skill competition (according to a certain professional competence), tools and equipment that a contestant can use, the time of the competition, the description competitions on professional competence, description of tools, materials and equipment th pad on professional competences (if necessary), the job, the time allotted to complete the task events, the order of evaluation of the assignment and the product obtained.

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